

High Down P.E Curriculum Overview

Long Term Plan

(Please note – some areas are subject to change due to resources and weather)

Year 3

Term	Teacher-led	Extra
Term 1	Dance / Football	Go Noodle, Pride in Play
Term 2	Tag Rugby	Go Noodle
Term 3	Netball	Go Noodle, Pride in Play
Term 4	Gym / Swimming	Pride in Play, Athletics
Term 5	Tennis / Cricket / Swimming	Athletics
Term 6	Hockey / Tennis / Swimming	Athletics, Sports Week

Year 4

Term	Future Stars	Teacher-led	Extra
Term 1	Tag Rugby	Swimming	Pride in Play
Term 2	Netball/Basketball	Swimming	–
Term 3	Gym/Dance	Swimming	Pride in Play
Term 4	Football	Ultimate Frisbee	Athletics
Term 5	Hockey	Rounders	Pride in Play, Athletics
Term 6	Cricket	Tennis	Athletics, Sports Week

Year 5

Term	Future Stars	Teacher-led	Extra
Term 1	Tag Rugby	NFL Flag Football	Pride in Play
Term 2	Netball/Basketball	Netball	–
Term 3	Gym	Football	Pride in Play
Term 4	Football	Dance	Athletics
Term 5	Hockey	Tennis	Earth Keepers, Pride in Play, Athletics
Term 6	Cricket	Rounders	Athletics, Sports Week

Year 6

Term	Future Stars	Teacher-led	Extra
Term 1	Tag Rugby	Circuits and Fitness Training	Circuits and Fitness Training
Term 2	Netball/Basketball	Netball	Pride in Play
Term 3	Gym	Football	–
Term 4	Football	Dance	Pride in Play, Athletics
Term 5	Hockey	Rounders / Athletics	Track breaks, Pride in Play, Athletics
Term 6	Tennis	Cricket	Athletics, Swimming (off-site), Sports Week